

“Grab and Go” Kit Checklist

Below is a list of items to consider when building your “Grab and Go” Kit. The “Grab and Go” Kit is also called an emergency preparedness kit and many are available for purchase pre-made. Employees should also be encouraged to build their own “Grab and Go” Kits and have always them available, such as in their vehicle.

- A copy of your Business Continuity Plan (in your **Revelstoke Ready** bag)
- Water: one gallon of water per person per day for drinking and sanitation
- Food: at least a three-day supply of non-perishable food
- Flashlight and extra batteries and some basic tools
- First aid kit and three-day supply of prescription medications
- Whistle to signal for help
- Dust mask or cotton t-shirt to help filter the air
- Moist towelettes for sanitation
- Can opener
- Sturdy shoes, extra clothes and blankets
- Cash
- Backpack or tote bag (to carry the kit items)
- Blanket or sleeping bag
- 5 pack of Candles
- Waterproof Matches
- 12-Hour Light Sticks
- Tarp: 8' x 10'
- Solar Blankets
- Work Gloves
- Duct Tape
- Sunscreen
- Jacket
- Folding Shovel
- Leatherman style multi-tool
- Wind-up flashlight and radio
- External battery pack or wind-up cellphone charger
- “OK / Need Help” Sign – for display in a window of a vehicle or premises
- USB stick with business files, or other personal information